

materials including health screenings and documented completion of all prerequisite courses.

Interested students should contact the AT Program Director for an application packet.

To Apply:

1. Submit the Initial Application materials (faxed or e-mailed applications will not be accepted):
 - a. Application Form
 - b. Letter of Interest
 - c. Personal Recommendation
 - d. Transcripts of all colleges attended (unofficial acceptable) including current coursework
 - e. Prerequisite Profile
 - f. Technical Standards
 - g. Academic Requirements and Discipline.
2. Upon provisional acceptance, the following must be completed and submitted by August 10th
 - a. Attendance at a program orientation meeting.
 - b. Physical Exam (may be completed for no charge through Washburn Student Health).
 - c. Proof of Hepatitis B Vaccination (available through WU Student Health for a fee) or students must submit a declination form.
 - d. Current TB skin test results (available through WU Student Health for a nominal fee) and list of childhood immunizations.
 - e. Athletic Training Student Agreement.
 - f. Copy of CPR and First Aid Certification Cards (Professional Rescuer Level preferred) (must be current through May of academic year)
 - g. Copy of current medical insurance card (medical insurance coverage required).
 - h. Submit for background check and provide appropriate release information. (All Athletic Training Students accepted into provisional status must agree to and obtain a background check in accordance to Washburn University policy prior to beginning clinical experiences.)
 - i. Submit documentation of completed prerequisite courses. Prerequisite courses (must be completed by August 10th)
 - General Biology (with Lab) (BI 100/101 or equivalent)
 - Human Anatomy (with Lab) (BI 275 or equivalent)
 - Prevention and Care of Athletic Injuries (KN 257)
3. Transfer students are welcomed and encouraged to apply. Transfer students must adhere to all application requirements and additionally must:
 - a. Apply for University admissions through the Office of Admissions and submit official transcripts

from all colleges attended to the University Registrar.

b. Submit all initial and provisional application materials as listed above.

c. Submit Official Transcripts to the Athletic Training Education Program.

d. Transfer Students may be required to submit course syllabus or other documentation regarding previously completed athletic training courses in order to establish transfer credit.

Course Requirements

The Athletic Training core requirements include:

HL 152, KN 250, KN 299, KN 256, KN 320, KN 321 and KN 326. Athletic Training major interest area coursework include: KN 257, KN 300, KN 308, KN 350, KN 355, KN 357 and KN 455.

The clinical experience courses are:

KN 258, KN 292, KN 392, KN 393, KN 492, and KN 493.

Correlated requirements include:

NU 102, BI 255, BI 275, CH 121, PS 101 or PS 102, AL 315, AL 320, SO 315 and KN 333 or CM 101.

The Minor in Kinesiology

Required Courses (18 credits)

HL 152 Personal and Community Health (3)

KN 250 Introduction to Kinesiology (2)

KN 260 PE Activity Techniques I (2)

OR

KN 360 PE Activity Techniques III (2)

KN 261 PE Activity Techniques II (2)

OR

KN 361 PE Activity Techniques IV (2)

OR

KN 365 PE Activity Techniques V (2)

KN 306 Administration of Athletics, Intramurals and Physical Education (3)

KN 320 Motor Learning (3)

OR

KN 311 Motor Development (3)

KN 324 Activity and Methods of Elementary Physical Education (3)

OR

KN 325 Curriculum Development and Methods in Secondary Physical Education (4)

The Minor in Health and Fitness (21 credits)

Required courses (15 credits):

HL 152 Personal and Community Health (3)

KN 300 Psychology of Sport and Physical Activity (3)

KN 308 Nutrition for Sport and Fitness (3)

KN 326 Exercise Physiology (3)

KN 410 Fitness Testing and Exercise Prescription (3)

Elective Courses - Choose at least 6 credits from any Kinesiology theory course not previously listed or SO 315 Sociology of Sport.

COURSE OFFERINGS

University Requirement - KN 198 - Lifetime Wellness

KN 198 Lifetime Wellness is a University required course*, consisting of weekly lectures on wellness concepts and topics, combined with an activity component that reinforces lecture information. A grade of "C" minimum is necessary to receive credit for KN 198 (**KN 198 may not be repeated for credit**). This requirement can be met in one of the following ways:

1. Complete the KN 198 course offered at Washburn University through the Department of Kinesiology.
2. Transfer appropriate course work from other universities to count for KN 198 as described below:
 - a. Complete a ONE CREDIT wellness "concepts" (theory) course and a ONE CREDIT physical education "activity" class from another university, or two different universities, and combine them for KN 198 credit.
 - b. Complete a TWO CREDIT (or more) wellness "concepts" (theory) course from another university. In this case, it is not necessary to combine this type of course with an activity class to receive KN 198 credit. This course can be taken in an online format, if desired.
3. Washburn students enrolled in the PLAN 2+2 degree program should contact the Office of Enrollment Management for more information on completing KN 198 requirements.
4. The Washburn University Transfer Guides available on MyWashburn list transfer credit possibilities for KN 198 from Kansas colleges and universities, as well as other selected universities. Check the transfer guides to see your potential for transfer credit for KN 198.

* The exception to this policy is a Washburn student who completed an associate degree under a catalog prior to 1995 when the KN 198 (then PE 198) Lifetime Wellness requirement was initiated, which satisfied the previous physical education requirement (as part of their associate degree program), and are therefore granted a waiver of the KN 198 requirement. Transfer students who completed associate degrees prior to 1995, and who completed at least two hours of physical education as part of their

associate degree program, are granted waiver of the KN 198 requirement.

The position of the Department of Kinesiology is that the knowledge, skills, experiences and attitudes gained through the Lifetime Wellness course are essential to individuals of all ages, conditions, and backgrounds. The benefits to be obtained are in no way diminished by the age, condition, ability level or previous activity/academic history of the student. Therefore, these factors should not exempt a student from this requirement. While the Department encourages the participation of all individuals in physical activity, regardless of physical condition, it wishes to remain sensitive to the individual needs and limitations of students at Washburn. Students with disabilities may enroll in a regular section of Lifetime Wellness and will have necessary adaptations made in that particular activity.

One-Hour Activity Courses

100 Rhythmic Fitness I	102 Archery
103 Badminton I	104 Step Aerobics
105 Elementary Ballet	107 Basketball
109 Bowling I	111 Canoeing
112 Cycling	113 Fencing I
114 Fencing II	117 Golf
123 Judo I	124 Karate I
125 Lifeguard Training	126 Elementary Modern Dance
129 Racquetball I	132 Softball
133 Swimming I	134 Swimming II
137 Tennis	138 Tennis II
139 Tai Chi	143 Soccer
144 Volleyball	146 Weight Training I
150 Judo II	151 Karate II
152 Kardio Kickboxing	155 Elementary Jazz Dance
156 Rhythmic Fitness II	157 Country/Western Dance
158 Intermediate Jazz Dance	159 Tap Dance
162 Beginning Skin/Scuba Diving	165 Self Defense
166 Weight Training II	169 Social Dance
170 Aqua Exercise I	171 Deep Water Walking
173 Water Safety Instructor	176 Tae Kwon Do
177 Individualized Exercise	183 Advanced Tae Kwon Do
184 Self-Defense II	189 Social Dance II
190 Special Topics	192 Marathon Training I
193 Marathon Training II	

KN 198 Lifetime Wellness (2)

This course explores fitness and wellness concepts, which are important throughout one's life. Each student will participate in a selected activity, attend lectures, participate in fitness assessment, and develop personal fitness and behavior change plans.